



After Care for Dermal Filler Injections

- Immediately after treatment there may be slight redness, swelling and tenderness. You may also get itching. This is temporary and passes in a few days.
- **Please apply an ice pack to the treated area – this helps to reduce swelling.**
- Treatment near the lips may have swelling that lasts longer. This can last for about a week and lips may look uneven during this time.
- Please **avoid touching injected areas for around 6 hours after treatment.**
- **Avoid washing with soap for 6 hours.**
- **Avoid applying make up to the area for 6 hours.** After this light make up can be applied and washed off gently with soap and water.
- Until the initial swelling and redness has resolved please **avoid intense heat or cold** (sunbathing etc.)
- Avoid laser treatment, chemical peels or similar procedures as this may elicit an inflammatory reaction.
- If you have suffered from cold sores before – there is a possibility that treatment may contribute to another eruption of sores.
- If you take blood thinners (such as aspirin, anticoagulants etc) these may increase bruising and bleeding at injection sites.

*Please contact us if you have any queries or concerns at: [01793 976616](tel:01793976616) | [07490060098](tel:07490060098)
or email : info@bleubeauty.co.uk*